

PROFILE OF KARUNAI PRAKASH

Karunai Prakash is a Mechanical Engineer by education and a Professional Trainer by choice and passion. He is a certified Practitioner of **NLP** (Neuro Linguistic Programming – The Science of Excellence) from **IIPE** (International Institute for Professional Excellence, Canada).

He is a Certified Professional Trainer in Design and Facilitation of **EXPERIENTIAL LEARNING** from IIPE, Canada.

He is a dynamic, talented and versatile corporate trainer and a most sought after Event manager for conducting games in a fun and frolic manner. He uses his uncanny mimic abilities, NLP concepts and Experiential Games to command the attention of the participants at the same time he makes them to get rid of disempowering thought patterns and instill new empowering beliefs and help them to take massive action.



CORE TRAINING AREA

Outbound Training

- Leadership
- Team building
- Communication
- Stress Management



Employee Engagement program

- Event Engagement
- Laughter Therapy
- Team Outing
- Glass walk and fire walk
- Board Breaking



Life Skills Topics

- Leadership
- Problem solving
- Emotional Intelligent
- Time Management
- Delegation



Allied topics handled

- Communication
- Sales Training
- Limiting Belief
- Taking Responsibility
- Identifying Passion
- Gratitude
- Relationship
- Campus to Corporate





Before venturing into corporate training and event management, Karunai was the Vice President for Growth & Development in Chennai Greater City Chapter of **JCI** (Junior Chamber International- An International Youth Leadership development organization) during Jan 2014-2015 and played an instrumental role in conducting motivation and entertainment programs for school and college students. His flagship service offerings include Corporate Team building programs (Class room/Out bound), Stress Management and Laughter Therapy.

Karunai refers to 'Mercy' in English, which happened to be the second nature of Karunai Prakash who is passionate in his profession by the same token compassionate for people who needs motivation and relief from stress.

Regardless of size and scope of the project at hand, in every assignment Karunai brings in a strategic, fresh and unique approach and he firmly believes that a properly executed event will act as a catalyst which can be leveraged to support an organization's strategic vision, Increased team engagement, commitment, accountability and pave way for opportunities to enhance employee performance.



He has corporate work experience of over 2 years in **Hindustan Coca Cola Beverage Pvt Ltd** and more than 3 plus years of training experience with '**Live Life Education**'.

At present he is also playing the role of an associate trainer with **Life Academy** – A Leading Life Skills Training Organization based in Chennai.

He has done several training programs for many leading Corporate Organizations and Educational Institutions. His clientele includes the following:

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|--------------------------|--------------------------|
| ❖ Apollo Tyres Limited | ❖ Hdfc Bank |
| ❖ BET MEDICALS | ❖ Uco Bank |
| ❖ Hyundai | ❖ Indian Bank |
| ❖ Royal Enfield | ❖ Apollo Hospital |
| ❖ Nexge Technologies | ❖ Rela hospital |
| ❖ Teleflex | ❖ Aalam Soft |
| ❖ Michelin India | ❖ Supreme computers |
| ❖ L&T Construction | ❖ SS Group |
| ❖ Donfoss | ❖ IP Ring |
| ❖ Nexgen technologies | ❖ Shatz Group |
| ❖ Wipro | ❖ Foxconn |
| ❖ CTS | ❖ Tata Consumer products |
| ❖ TCS | ❖ Gulf Oil |
| ❖ Tech Mahendra | ❖ Redington |
| ❖ Open door Technologies | ❖ Bharath Petroleum |
| ❖ Murugappa group | ❖ UNM & co |
| ❖ Bosch | ❖ Benso |
| ❖ Rently | ❖ Top Light |

Methodology

Rather than relying on traditional power point presentations and lengthy lectures, he delivers a highly experiential, thought-provoking sessions for inculcating new learning and bring in behavioral changes amongst participants.

He captures and cleverly grabs audience attention by humor, and sharing inspiring stories, citing quotes and anecdotes. One of his hallmark audience engagement techniques, which were well received and appreciated, is mimicking 50 voices in 5 minutes.



Karunai believes every event is so much more than just gathering at a common place; rather events that connect people, breed innovation, and foster a sense of togetherness and build communities which works for a common goal.



Contact Details

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Website : www.karunaiprakash.com

Facebook Link : www.facebook.com/karunaiprakash

You tube Link : <https://youtu.be/Zf-h09i1Koo> (30+ Team Building Activities)

<https://youtu.be/wydbwUqTsYo> (Training program video)

<https://youtu.be/dVylxCdSCZE> (Chicken Dance Activity)

Check my social media platforms for more details.



@karunaiprakash